

## SCHEDULE 1

*(introduced by section 1(1)(e))*

### SOCIAL CARE NOT ORDINARILY CHARGED FOR

- 1 As regards the personal hygiene of the person cared for—
  - (a) shaving;
  - (b) cleaning teeth (whether or not they are artificial) by means of a brush or dental floss and (in the case of artificial teeth) by means of soaking;
  - (c) providing assistance in rinsing the mouth;
  - (d) keeping finger nails and toe nails trimmed;
  - (e) assisting the person with going to the toilet or with using a bedpan or other receptacle;
  - (f) where the person is fitted with a catheter or stoma, providing such assistance as is requisite to ensure cleanliness and that the skin is kept in a favourable hygienic condition;
  - (g) where the person is incontinent—
    - (i) the consequential making of the person's bed and consequential changing and laundering of the person's bedding and clothing; and
    - (ii) caring for the person's skin to ensure that it is not adversely affected.
- 2 As regards the person's eating requirements—
  - (a) assisting with the preparation of food;
  - (b) assisting in the fulfilment of special dietary needs.
- 3 If the person is immobile or substantially immobile, dealing with the problems of that immobility.
- 4 If the person requires medical treatment, assisting with medication, as for example by—
  - (a) applying creams or lotions;
  - (b) administering eye drops;
  - (c) applying dressings in cases where this can be done without the physical involvement of a registered nurse or of a medical practitioner;
  - (d) assisting with the administration of oxygen as part of a course of therapy.
- 5 With regard to the person's general well-being—
  - (a) assisting with getting dressed;
  - (b) assisting with surgical appliances, prosthesis and mechanical and manual equipment;
  - (c) assisting with getting up and with going to bed;
  - (d) the provision of devices to help memory and of safety devices;
  - (e) behaviour management and psychological support.