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SCOTTISH STATUTORY INSTRUMENTS

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**2006 No. 94**

**The Prisons and Young Offenders  
Institutions (Scotland) Rules 2006**

**PART 4**

**PHYSICAL AND PERSONAL ENVIRONMENT**

**Personal hygiene**

**30.**—(1) The Governor shall—

- (a) afford every prisoner the opportunity to keep clean; and
- (b) provide every prisoner with such toiletries, including—
  - (i) shaving materials if required; and
  - (ii) in the case of female prisoners, sanitary protection,as are necessary for the prisoner's health and cleanliness.

(2) The Governor shall ensure that every prisoner has access at all reasonable times to such facilities for washing and bathing or showering as are necessary for health and cleanliness and which enable the prisoner to bathe or shower at least twice a week.

(3) A prisoner shall neither be prevented from growing nor be required to remove a moustache or beard, or both, nor shall the prisoner's hair be cut without consent of the prisoner, unless a medical officer considers it necessary to do so on medical grounds.