

SCHEDULE

Regulation 7

List of additional health warnings

1. Smokers die younger.
2. Smoking clogs the arteries and causes heart attacks and strokes.
3. Smoking causes fatal lung cancer.
4. Smoking when pregnant harms your baby.
5. Protect children: don't make them breathe your smoke.
6. Your doctor or your pharmacist can help you stop smoking.
7. Smoking is highly addictive, don't start.
8. Stopping smoking reduces the risk of fatal heart and lung diseases.
9. Smoking can cause a slow and painful death.
10. Get help to stop smoking: ring 0800 169 0 169.
11. Smoking may reduce the blood flow and causes impotence.
12. Smoking causes ageing of the skin.
13. Smoking can damage the sperm and decreases fertility.
14. Smoke contains benzene, nitrosamines, formaldehyde and hydrogen cyanide.