## SCHEDULE 5

## REQUIREMENTS FOR PERSONAL FALL PROTECTION SYSTEMS

## PART 1

## REQUIREMENTS FOR ALL PERSONAL FALL PROTECTION SYSTEMS

- 1. A personal fall protection system shall be used only if—
  - (a) a risk assessment has demonstrated that—
    - (i) the work can so far as is reasonably practicable be performed safely while using that system; and
    - (ii) the use of other, safer work equipment is not reasonably practicable; and
  - (b) the user and a sufficient number of available persons have received adequate training specific to the operations envisaged, including rescue procedures.
- 2. A personal fall protection system shall—
  - (a) be suitable and of sufficient strength for the purposes for which it is being used having regard to the work being carried out and any foreseeable loading;
  - (b) where necessary, fit the user;
  - (c) be correctly fitted;
  - (d) be designed to minimise injury to the user and, where necessary, be adjusted to prevent the user falling or slipping from it, should a fall occur; and
  - (e) be so designed, installed and used as to prevent unplanned or uncontrolled movement of the user.
- **3.** A personal fall protection system designed for use with an anchor shall be securely attached to at least one anchor, and each anchor and the means of attachment thereto shall be suitable and of sufficient strength and stability for the purpose of supporting any foreseeable loading.
- **4.** Suitable and sufficient steps shall be taken to prevent any person falling or slipping from a personal fall protection system.