

SCHEDULE 2

Regulation 5(1) and (3)

FORM OF VITAMIN AND MINERAL SUBSTANCES WHICH MAY
BE USED IN THE MANUFACTURE OF FOOD SUPPLEMENTS

A. Vitamins

- 1. VITAMIN A**
 - (a) retinol
 - (b) retinyl acetate
 - (c) retinyl palmitate
 - (d) beta-carotene
- 2. VITAMIN D**
 - (a) cholecalciferol
 - (b) ergocalciferol
- 3. VITAMIN E**
 - (a) D-alpha-tocopherol
 - (b) DL-alpha-tocopherol
 - (c) D-alpha-tocopheryl acetate
 - (d) DL-alpha-tocopheryl acetate
 - (e) D-alpha-tocopheryl acid succinate
- 4. VITAMIN K**
 - (a) phylloquinone (phytomenadione)
- 5. VITAMIN B1**
 - (a) thiamin hydrochloride
 - (b) thiamin mononitrate
- 6. VITAMIN B2**
 - (a) riboflavin
 - (b) riboflavin 5'-phosphate, sodium
- 7. NIACIN**
 - (a) nicotinic acid
 - (b) nicotinamide
- 8. PANTOTHENIC ACID**
 - (a) D-pantothenate, calcium
 - (b) D-pantothenate, sodium
 - (c) dexpanthenol
- 9. VITAMIN B6**
 - (a) pyridoxine hydrochloride
 - (b) pyridoxine 5'-phosphate
- 10. FOLIC ACID**

Status: This is the original version (as it was originally made).

(a) pteroylmonoglutamic acid

11. VITAMIN B12

- (a) cyanocobalamin
- (b) hydroxocobalamin

12. BIOTIN

- (a) D-biotin

13. VITAMIN C

- (a) L-ascorbic acid
- (b) sodium-L-ascorbate
- (c) calcium-L-ascorbate
- (d) potassium-L-ascorbate
- (e) L-ascorbyl 6-palmitate

B. Minerals

- Calcium carbonate
- Calcium chloride
- Calcium salts of citric acid
- Calcium gluconate
- Calcium glycerophosphate
- Calcium lactate
- Calcium salts of orthophosphoric acid
- Calcium hydroxide
- Calcium oxide
- Magnesium acetate
- Magnesium carbonate
- Magnesium chloride
- Magnesium salts of citric acid
- Magnesium gluconate
- Magnesium glycerophosphate
- Magnesium salts of orthophosphoric acid
- Magnesium lactate
- Magnesium hydroxide
- Magnesium oxide
- Magnesium sulphate
- Ferrous carbonate
- Ferrous citrate
- Ferric ammonium citrate
- Ferrous gluconate
- Ferrous fumarate

Ferric sodium diphosphate
Ferrous lactate
Ferrous sulphate
Ferric diphosphate (ferric pyrophosphate)
Ferric saccharate
Elemental iron (carbonyl+electrolytic+hydrogen reduced)
Cupric carbonate
Cupric citrate
Cupric gluconate
Cupric sulphate
Copper lysine complex
Sodium iodide
Sodium iodate
Potassium iodide
Potassium iodate
Zinc acetate
Zinc chloride
Zinc citrate
Zinc gluconate
Zinc lactate
Zinc oxide
Zinc carbonate
Zinc sulphate
Manganese carbonate
Manganese chloride
Manganese citrate
Manganese gluconate
Manganese glycerophosphate
Manganese sulphate
Sodium bicarbonate
Sodium carbonate
Sodium chloride
Sodium citrate
Sodium gluconate
Sodium lactate
Sodium hydroxide
Sodium salts of orthophosphoric acid
Potassium bicarbonate
Potassium carbonate
Potassium chloride

Status: This is the original version (as it was originally made).

Potassium citrate
Potassium gluconate
Potassium glycerophosphate
Potassium lactate
Potassium hydroxide
Potassium salts of orthophosphoric acid
Sodium selenate
Sodium hydrogen selenite
Sodium selenite
Chromium (III) chloride
Chromium (III) sulphate
Ammonium molybdate (molybdenum (VI))
Sodium molybdate (molybdenum (VI))
Potassium fluoride
Sodium fluoride